



2900 Veterans Memorial Highway • Bohemia, NY 11716  
 P: (631) 585-0100  
 F: (631) 585-0233  
 Email: [Info@suffahrc.org](mailto:Info@suffahrc.org)  
 Web: [www.ahrcsuffolk.org](http://www.ahrcsuffolk.org)

*Serving Children and Adults with Intellectual and Other Developmental Disabilities for over 70 Years*

November 13, 2020

**PAUL H. TORRES**  
Executive Director

Dear Individuals, Families, and AHRC Suffolk Team Members:

**JOHN MCGUIGAN**  
Chief Operating Officer

- **Protect yourself, protect others.**
- **Look out for each other.**

**CHRISTOPHER VEROS**  
Director of Finance

- **Stay well, stay safe.**
- **#InItTogether**

**OFFICERS**

**JOHN SMITH**  
President

**JOSEPH ZIFCHOCK**  
Treasurer

**JOSEPH CASSARINI**  
Secretary

These phrases I have written weekly for the last nine months. I know it gets repetitive. Some may consider it nagging. I consider it more as pleading for all members of our AHRC Suffolk family to keep yourselves protected. We need you safe and healthy, as you help keep others safe and healthy.

**DIRECTORS**

Deborah Pflieger

I know we are all tired of restrictions and all the additional precautions and processes, and I know our days look drastically different than they did last year. The positive news is, these restrictions, precautions and processes are proven to work. Limiting gathering sizes, avoiding unnecessary travel, expanding sanitizing/cleaning procedures and properly wearing PPE, those are all working to keep people protected. The sudden implementing of these precautions back in March helped us navigate through the uncertainties of COVID-19. The ability of our day programs to open for in-person services four months later is a direct result of people staying safe in their homes while following proper protocols.

With Thanksgiving less than two weeks away, and the rest of the holiday season following closely behind, this week Governor Cuomo reduced gathering sizes to no more than 10 people. Fewer households congregating together helps prevent the spread of COVID-19, helping to keep our individuals healthy. Less unnecessary travel to other states or regions also helps protect our communities. I ask you to please consider every way possible to keep yourselves, your family and our AHRC Suffolk community safe as we enter the holiday season. We all have a part to play in preventing setbacks for Suffolk. We need our programs open, our staff and the individuals we support healthy, and our family members safe and protected.

Wearing a mask is not partisan; washing your hands is not partisan; following guidelines around social distancing and safe gathering sizes is not partisan. *Keeping on loving one another as brothers and sisters (Hebrews 13:1)* is not partisan.

**#InItTogether**

Stay well, stay safe and thank you for all you do,

Paul H. Torres  
Chief Executive Officer



Please help us celebrate our essential staff on December 9th at our virtual **Candlelight Ball: Highlight Our Heroes**. Visit our website, [www.ahrcsuffolk.org/60th-annual-candlelight-ball](http://www.ahrcsuffolk.org/60th-annual-candlelight-ball), for more information.

Join the AHRC Suffolk Team! Visit [www.ahrcsuffolk.org/careers](http://www.ahrcsuffolk.org/careers) to see our current openings at various locations. Apply today!